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## **HUDDERSFIELD LADY GOBBLES UP TURKEY AWARD!**

*- National turkey recipe competition results -*

Delia Haigh from Highburton, Huddersfield has scooped up a prestigious award in a national turkey recipe competition, sponsored by Bernard Matthews.



The 'Turkey for Today' competition, launched earlier this year by former Olympian Sharron Davies, called for turkey-based recipes which are quick, easy and tasty solutions for a range of eating occasions: Healthy Eating, Alfresco, Entertaining, Packed Lunches, Snacks, Kids' Creations and Cooking for Beginners.

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As part of her prize, Delia was presented with a trophy by Sharron Davies at an awards luncheon in London and will now see her recipe, 'Cheesy Turkey Pasta' reproduced in a 'Your Ideas' recipe booklet available on the Bernard Matthews web-site, [www.turkeyfortoday.com](http://www.turkeyfortoday.com).

Judges felt that Delia's dish was an inventive way of creating a hearty family meal. Delia, who is a pre-school practitioner, entered the competition because she was looking through the entry details and immediately thought of an old recipe of hers that would suit the competition criteria of being tasty, nutritious and easy to make. She said: "I cook a lot – I have three children – and I find cooking very relaxing, when I'm not in a rush! I've been making this recipe using Bernard Matthews Turkey Breast Slices for a few years now and it's definitely an old favourite with the family!"

Sharron Davies, who helped judge the competition said: "Turkey is a nutritiously nourishing meat that the whole family can enjoy. It is low in fat, high in protein and versatile enough to be dished up at any eating occasion, be it brunch, lunch or dinner. In my view, turkey makes a fantastic ingredient for a range of everyday meals and snacks and this was evident from the very high standard of recipes we received in this competition."

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